

Summary of Community Forum Results (Clark, Island, and Benton-Franklin)

After attending the Community Forum the following ranges of scores were reported on a scale of 1-5 (with 5 being strongly agree).

Question	Range
I am better prepared to participate in efforts to make schools a healthier place for kids.	3.9-4.3
I know more about the consequences of childhood obesity.	4.0-4.6
I have a better understanding of policy and environmental influences on children's eating and physical activity habits.	4.0-4.2
I am even more convinced that it is important to provide kids with healthful foods and beverages and increased opportunities for physical activity in schools.	4.5-4.8

N = Attendees from 3 Community Forums.

Planned use of information after the Community Forums

Themes	Examples
Share Information	<ul style="list-style-type: none"> • Communicate with fellow school board members. • Tell other teachers how healthy bodies leads to healthy minds. • Bring info back to principals and other teachers at my school. • Encourage my church to serve healthier food at its functions and educate parents to bring the same message to schools. • Create newsletter. • Get the message out to members of the PTA. • Work with other school principals and food services to share info and make improvements.
Get Involved	<ul style="list-style-type: none"> • Look into creating support group for overweight/underweight high school kids • Encourage exploration of alternative/healthier vending choices
Incorporate into professional practice	<ul style="list-style-type: none"> • Work with PE teachers to collect and analyze fitness data in order to change practice and policies at my school. • Create better lesson plans in my PE classes. • As a school nurse take more opportunities to talk to students about nutrition and health
Policy Activities	<ul style="list-style-type: none"> • Work with school officials to improve nutrition and fitness policies.
Program Activities	<ul style="list-style-type: none"> • Work with Wellness committee to get baseline data on the kids' weight and height. • Evaluate replacing soda with healthier options in the vending machines.
Convene Meetings	<ul style="list-style-type: none"> • Replicate this as a community wide forum. • Use these power point presentations with others in my district • Get this on school board agenda
Advocate	<ul style="list-style-type: none"> • Ask more questions of our food services staff. • Encourage principals to send nutrition information home to parents.
Assessment	<ul style="list-style-type: none"> • Assess schools activities and figure out how to make improvements. • Include nutrition and physical activity in our strategic plan at our school.